



PHARMANEX

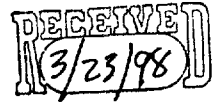
A Natural Healthcare Company

Pharmanex, Inc.
625 Cochran Street
Simi Valley, California
93065-1939
805.582.9300
Fax 805.582.9301

March 23, 1998 MAR 31 P3:08

BY FEDERAL EXPRESS

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration
200 C. St. S.W.
Washington, DC 20204



RE: Notification for Certain Types of Statements on Dietary Supplements.

Dear Sir or Madam:

As required by Section 403 (r)(6)(c) of the Food, Drug and Cosmetic Act, Pharmanex Inc., 625 Cochran Street, Simi Valley, California 93065-1939, intends to market a dietary supplement product with the following labeling statements of nutritional support:

Product identified as **St. John's wort**, containing standardized extract of St. John's wort, with the following labeling statements:

1. Promotes healthy emotional balance.
2. Helps stabilize mood.
3. Promotes positive outlook.
4. St. John's wort extract has been clinically tested to help people maintain a healthy emotional balance and a positive outlook.
5. Pharmanex St. John's wort helps stabilize mood by modulating the brain's neurotransmitters (including dopamine and serotonin).
6. By promoting a healthy emotional balance, this formula may help you cope more effectively with the constant demands and stresses of modern life.

I certify that the information contained in this notice is complete and accurate and that Pharmanex, Inc. has substantiation that these statements are truthful and not misleading.

Sincerely,

Michael Chang
Sr. V.P. Research & Development

97S-0162

LET1428
57887